STA. TERESA COLLEGE
Bauan, Batangas
College Department

COURSE SYLLABUS

Course Code	*VED 105*
Course Name	*Psycho-Spiritual Development*
Course Credits	3 units
Course Description	This course focuses on the psycho-spiritual experiences for facilitating the fullness of life such as prayer-centering, mind body integration, transpersonal experiences, spiritual recollection, union and evocation- oriented activities suitable for an individual or group. It aims to develop in the student an understanding of the theories and principles of psycho-spiritual growth developed across various scientific, religious and cultural Orientations.
Contact Hours/Week	3 hours
Prerequisite	*None*
Course Outcomes	1. Demonstrate understanding of research-based theories, principles and strategies of psycho-spiritual growth developed across various scientific, religious and cultural orientations; and 2. Use basic psycho-spiritual skills, techniques, and differentiated strategies responsive to learners' gender, needs, strengths, interests, and experiences, cultural and religious backgrounds.

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COURSE OUTLINE AND TIMEFRAME

Timeframe	Course Contents / Subject Matter
Week 1	A. Introduction to the course B. Meaning, essence, nature, and purposes, of religion and spirituality C. Spirituality versus Religion
Week 2	D. Early Psycho-Spiritual Thinkers E. Modern Psycho-Spiritual Thinkers

LEARNING PLAN

Desired Learning Outcomes (DLO)	Course Contents / Subject Matter	Textbooks / References	Teaching and Learning Activities (TLAs)	Assessment of Tasks (ATs)	Resource Materials	Time Table
1. Utilize research-based knowledge and ICT in presenting basic concepts in psycho-spiritual development. 2. Construct a personal definition of religion and spirituality.	A. Introduction to the course B. Meaning, essence, nature, and purposes, of religion and spirituality C. Spirituality versus Religion	Journals and Articles from the Internet	Orientation: Students will be well informed about the course content. Teacher will likewise orient them on their projects and group tasks to be accomplished at the end of the semester. Students write their personal definition of religion and spirituality and share their own experiences/ practices in spiritual development.	INSTRUCTIONAL DESIGN Students will conduct research on basic concepts in psycho-spiritual development during their asynchronous time. Presentation of written output using ICT to show knowledge on the difference of the terms during synchronous time. EDUCATIONAL TOOLS AND PLATFORMS ,	EDUCATIONAL TOOLS AND PLATFORMS Web access at http://stcbauan.edu.ph/stcflip/ This site contains all course documents, PPTs, assignments, examinations and other materials.	1st Week

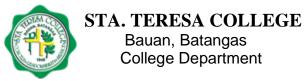|				ASSESSMENT and DATA PRIVACY		
				Students will take a Quiz via Quizziz. Before students will take the exam, they have to answer the consent form to collect their data with respect to Data Privacy Act of 2012.		
1. Conduct research on the early and modern psycho-spiritual thinkers 2. Synthesize research-based knowledge to present some personalities in the field of early and modern psycho-spirituality	Early Psycho-Spiritual Thinkers A. Sigmund Freud B. Carl Jung C. Erik Erikson D. William James E. G.W.F. Hegel F. Alfred Adler G. Gordon Allport Modern Psycho-Spiritual Thinkers	Journals and Articles from the Internet	Brief lecture: Using a slide deck, the teacher will discuss the first three early psycho-spiritual thinkers Big Group Sharing: Students will explain share in class their research on the assigned psycho-	INSTRUCTIONAL DESIGN Students will conduct research on basic concepts in psycho-spiritual development during their	EDUCATIONAL TOOLS AND PLATFORMS Web access at http://stcbauan.edu.ph/stcflip/ This site contains all course documents, PPTs, assignments, examinations and other materials.	2nd Week

3. Share in class their research findings on the personalities in the field of early and modern psycho-spiritual thinkers	A. Allen Bergin B. Ralph W. Hood Jr. C. Kenneth Pargament D. Julian Jaynes		spiritual thinkers to them.	asynchronous time. Presentation of written output using ICT to show knowledge on the difference of the terms during synchronous time. ==EDUCATIONAL TOOLS AND PLATFORMS== , ==ASSESSMENT== and ==DATA PRIVACY== Students will take a Quiz via Quizziz. Before students will take the exam, they have to answer the consent form to collect their data	

				with respect to Data Privacy Act of 2012.		